



BFC Natura

*FROM NATURE TO YOUR
TABLE*

Catalog of Natural and Healty Flavors

- Healthy Breakfast Cereals
- Natural Healthy Snacks and Chips
- Natural Handmade Noodles
- Gluten-Free Products
- Vegan Products
- Natural Additive-Free Immune Boosters
- Honey, Propolis & Pollen
- Tarhana (Traditional Fermented Soup)
- Dried Vegetables and Fruits
- Traditional Pickles
- Products Specially Designed for Children
- Probiotic and Fermented Foods
- Dairy-Free Products
- Diet and Sports Nutrition Products
- Premium Product Line

100% Natural Product

Produced Using Traditional Methods

siparis@bfcnatura.com.tr
www.bfcnatura.com.tr



BFC NATURA

We offer more than just products — we offer hope, solidarity, and flavor.

We combine nature's generosity with the labor of women.

BFC Natura is a brand that represents products crafted by the skilled hands of women producers under the Mihaliççık Women's Initiative Production and Business Cooperative.

These natural goods, shaped with care and dedication, are carefully packaged to promote healthy eating and support women's entrepreneurship.

Behind every package lies labor, a story, and a real life.

Products such as additive-free homemade noodles, white tarhana, and pine cone syrup gathered from the forests near Gürleyik Waterfall in Mihaliççık are made by drawing inspiration from tradition and women's wisdom.

At BFC Natura, we are not just selling products — we are advocating for local production, social solidarity, and a natural way of living.

We are proud to bring values born from nature and shaped by women's hands to your table.

Our Mission

At BFC Natura, our mission is to deliver nature's richness to consumers in its purest and most natural form, and to support the production of healthy and trustworthy food through products shaped by women's labor and traditional methods.

We offer handmade and natural products crafted by the skilled hands of women within the Mihaliççık Women's Initiative Production and Business Cooperative, guided by a transparent, ethical, and sustainable approach.

Our goals in this process:

- To empower women's role in production and contribute to their economic independence,
- To revitalize local production and support rural development,
- To pass on traditional knowledge and recipes to future generations,
- To promote natural, healthy, and eco-friendly products.

BFC Natura is not just a food brand; it is a value chain.

Behind every product lies respect for nature, support for women, and a deep sense of social responsibility.

Our Vision

At BFC Natura, our vision is to become a trusted and inspiring brand, nationally and internationally, by sharing products crafted with love and care by women.

Our aim is to bring to a wider audience the products made by the Mihaliççık Women's Cooperative using traditional methods, in harmony with nature and in line with the principles of sustainability, social benefit, and women's solidarity.

Our priorities:

- Making the production power of women's cooperatives visible,
- Demonstrating a successful social impact model that supports rural development,
- Preserving and passing on Anatolia's local values and culinary heritage,
- Ensuring access to real, pure, and ethical food.

BFC Natura is not just a food brand.

It is a community, a story, and a movement for change.

We envision a world where every product reflects hope for a better future, harmony with nature, and respect for women.

Our Values

BFC Natura is not just a brand offering natural products — it is a journey grounded in values. Everything we do is built on these core principles:

Respect for Women's Labor

Our foremost goal is to highlight women's contributions to production, support their economic independence, and ensure fair recognition of their work.

Purity and Naturalness

Nature is our greatest inspiration. We use no additives, preservatives, or artificial ingredients. Our products are pure and natural, made using traditional methods.

Local Cooperation and Solidarity

By working closely with local women producers, especially the Mihaliççık Women's Cooperative, we support rural development and create lasting social impact.

Trust and Transparency

We believe consumers have the right to know what they are eating. Our ingredients, production methods, and supply chains are fully transparent.

Sustainability

We act with respect for the soil, water, air, and future generations. From packaging to logistics, we choose solutions that protect nature.

Social Benefit

Our goal is not just profit — it is to create value. We prioritize contributing to society, empowering women, and preserving local culture.

Every BFC Natura product that reaches your table carries a story of labor, purity, and social responsibility.

Natural and Additive-Free

WEL4VIT & VINELA



**BFC
Natura**



Healthy Breakfast Cereals

Real fruit, natural and additive-free

WEL4VIT



OVEN-BAKED FRUITY GRANOLA

A wholesome blend of whole grain oats, natural honey, molasses, nuts, and sun-dried fruits, carefully oven-baked to achieve its signature crispy texture — all without any additives or preservatives.

At BFC NATURA, we take pride in producing clean-label foods. None of our products contain preservatives, thickeners, acidity regulators, or emulsifiers. We rely solely on 100% natural ingredients, and in this granola, we use our own natural apple cider vinegar, made from hand-picked apples grown in the gardens of Mihaliççık.

Why Apple Cider Vinegar?

- **Natural Preservation:** With its low pH, it helps prevent microbial growth, naturally extending the product's shelf life.
- **Flavor Balance:** When combined with honey and molasses, it adds a subtle tang that balances the overall taste.
- **Crispy Texture:** During baking, apple cider vinegar enhances crunchiness and structure.
- **Natural Binding:** It promotes better distribution of oils and sugars, resulting in a well-blended, cohesive granola mix.

A perfect fusion of tradition, taste, and purity, this granola is an ideal choice for health-conscious consumers seeking both flavor and clean nutrition.



Healthy Breakfast Cereals

A natural source of Omega-6, calcium and magnesium.

WEL4VIT



A Natural Source of Energy – Enriched with Taste and Nutrition

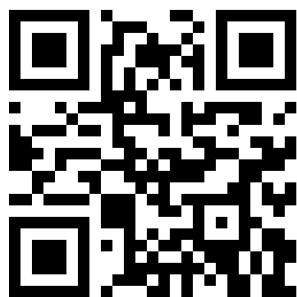
WELL4VIT Cherry Muesli is crafted from wholesome whole grain oats, naturally dried cherry pieces, and nutrient-rich blue poppy seeds. This unbaked, clean-label formula contains no added sugars, preservatives, or artificial additives.

With its vibrant ingredients and balanced texture, it's an ideal choice for a nutritious breakfast or a smart snack during the day.

🌿 Key Nutritional Highlights:

- A true source of Omega-6, calcium, and magnesium
- Rich in natural fiber to support digestion and lasting satiety
- Contains antioxidants and natural fruit sugars from real dried cherries
- Provides plant-based protein and B vitamins from oats
- Naturally energizing – no artificial sweeteners, no shortcuts

Enjoy it with milk, plant-based drinks, or yogurt. WELL4VIT Cherry Muesli is a delicious way to start your day with clean energy and real ingredients.



Healthy Breakfast Cereals

*A natural source of Omega-6, calcium
and magnesium.*

WEL4VIT



**BFC
Natura**



Natural Flavor – Balanced Nutritional Support

WELL4VIT Apple, Cinnamon & Poppy Seed Muesli is carefully crafted for those seeking a natural start to their day. This simple yet nutrient-rich blend combines whole grain oats, dried apple pieces, blue poppy seeds, and pure ground cinnamon, bringing together flavor and functional benefits.

🌱 Unbaked and unsweetened. No heat processing is applied; the light natural sweetness comes entirely from the fruit, offering a naturally balanced flavor.

🌱 Nutritional Highlights:

- Whole grain oats provide long-lasting satiety, digestive support, and a source of fiber and B vitamins.
- Blue poppy seeds are naturally rich in Omega-6 fatty acids, calcium, magnesium, and plant-based protein to support daily wellbeing.
- Dried apple pieces deliver a mild fruity taste along with natural antioxidants.
- Real cinnamon adds aromatic depth while supporting digestion.



Healthy Breakfast Cereals *Gluten Free* **WEL4VIT**



WELL4VIT Gluten-Free Corn Flakes

Simple, Natural, and Gluten-Free Goodness

WELL4VIT Gluten-Free Corn Flakes are made from 100% pure corn flour, without any refined sugar, gluten, or additives — a clean and wholesome breakfast choice.

This carefully developed formula is oven-baked, not fried, resulting in a light, crispy texture that's both easy to digest and enjoyable to eat.

- ✓ Gluten-Free – Suitable for individuals with celiac disease or gluten sensitivity
- ✓ No Refined Sugar – Naturally flavored
- ✓ Baked, Not Fried – Preserves texture without added fats
- ✓ Made with 100% Natural Ingredients
- ✓ Light, satisfying, and safe for children

Enjoy it with milk, yogurt, or plant-based drinks — or enrich it with fruits and nuts for a balanced snack any time of day.

WELL4VIT Gluten-Free Corn Flakes bring clean simplicity and nutritional comfort to your daily routine — for all ages and all tables.



Healthy Breakfast Cereals *Gluten Free* **WEL4VIT**



WELL4VIT Gluten-Free Real Strawberry Corn Flakes

Naturally Fruity • Oven-Baked • Additive-Free

WELL4VIT Gluten-Free Real Strawberry Corn Flakes combine the clean crunch of 100% pure corn flour with the refreshing sweetness of real dried strawberry pieces – with no artificial flavors, no refined sugar, and absolutely no gluten.

Oven-Baked for a crispy texture and prepared without frying, this light and natural formula makes for a healthy breakfast or a delightful snack at any time of day.

Why You'll Love It:

- ✓ Made with real strawberries, not flavorings
- ✓ Gluten-free – suitable for celiac diets
- ✓ No artificial additives or preservatives
- ✓ No refined sugar – only natural sweetness
- ✓ Crispy, light and oven-baked – not fried

Perfect for pairing with milk, yogurt, or plant-based alternatives.

A family-friendly, naturally colorful cereal made for joyful mornings and nourishing bites.

WELL4VIT – Real ingredients. Real flavor. Real clean.



Kahvaltılık Sağlıklı Gevrekler *glutensiz* WEL4VIT



WELL4VIT Gluten-Free Cinnamon & Cocoa Energy Balls

Naturally Sweet • Plant-Based Energy • Free from Additives

WELL4VIT Cinnamon & Cocoa Energy Balls are crafted with 100% natural ingredients – gluten-free, refined sugar-free, and full of flavor.

This wholesome blend is gently sweetened with olive oil, grape molasses, and organic pine honey, and enriched with the warm spice of cinnamon and the deep taste of real cocoa. Prepared without frying, they are oven-baked to deliver a crispy outer texture and a soft, satisfying center.

⚡ Nutritional Benefits:

- ✓ Gluten-free – suitable for celiac diets and sensitive individuals
- ✓ Natural energy from honey, molasses, and olive oil
- ✓ Rich cocoa and cinnamon aroma
- ✓ No preservatives, additives, or refined sugars
- ✓ Uses apple cider vinegar as a natural emulsifier

A smart, healthy snack for kids and adults alike.

Perfect for your bag, lunchbox, workout break, or office drawer – clean energy, always within reach.

WELL4VIT – Real energy, naturally fueled.



Healthy Nutrition Products



VINELA Whole Grain Oat Flakes

Pure, Natural, and Balanced Start

Begin your day with the natural power of oats!

VINELA Whole Grain Oat Flakes are prepared without processing, preserving all the nutritional value of whole oats. Rich in fiber, they help you feel full longer, support digestion, and provide sustained energy.

🌿 Fiber-rich: Supports digestion and gut health

💪 Plant-based protein source: Ideal for muscle development and cell repair

🥄 Low glycemic index: Helps regulate blood sugar and releases energy slowly

⚡ Natural energy: Contains no refined sugar – a healthy and wholesome choice

If you like, add fresh fruit, yogurt, or natural honey for a delicious and personalized touch.

Fuel your body with VINELA Whole Grain Oats – and start your day strong!





Healthy Nutrition Products



VINELA



VINELA Blue Poppy Seeds

Small in size, big in impact!

Blue poppy seeds are a nutrient-dense superfood that supports a balanced, healthy diet.

Rich in Omega-6 fatty acids, plant-based protein, and dietary fiber, they provide lasting energy and help promote satiety throughout the day.

A natural source of essential minerals:

- High in calcium, magnesium, zinc, and iron
- Supports heart and vascular health with Omega-6 and Omega-3 fatty acids
- Promotes digestion through its fiber content
- Strengthens immunity with its antioxidant properties

Exceptionally versatile in the kitchen:

Perfectly suited for desserts, breads, salads, yogurts, and breakfast blends.

Its signature crunch not only adds texture, but also brings a natural visual appeal to every dish.

VINELA Blue Poppy Seeds are prepared with care using traditional methods and contain no additives — preserving their natural purity.

A subtle yet powerful gift from nature in every seed.

VINELA Poppy Seeds

Big Power in Tiny Seeds

These tiny miracles from nature are a delicious part of a healthy lifestyle! Poppy seeds are a truly versatile superfood — rich in dietary fiber, healthy fatty acids, and plant-based protein. They offer not only great taste and texture, but also meaningful nutritional value.

Naturally packed with health benefits:

- A source of Omega-3 and Omega-6 fatty acids for heart and brain support
- High in calcium, iron, magnesium, and zinc
- Supports the immune system with antioxidants
- Promotes satiety and provides clean, lasting energy
- Aids digestion with its high fiber content

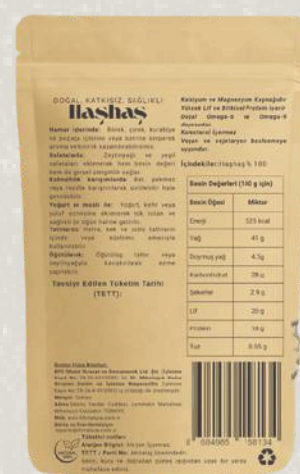
Culinary flexibility:

Perfect for everything from baked goods and salads to yogurt and breakfast bowls. It adds a satisfying crunch and natural elegance to every recipe.

VINELA Poppy Seeds are prepared traditionally, without additives or processing — preserving their pure, natural form.

A perfect addition to your healthiest recipes, from nature to your table.

VINELA





Plant-Based Protein Sources



VINELA

VINELA CHICKPEAS

BFC Natura Natural Chickpeas are grown without chemicals in the Mihaliççık district of Eskişehir, using traditional and sustainable farming methods.

Hand-selected by local women producers, our chickpeas are free from additives and preservatives.

Rich in plant-based protein and dietary fiber, they support immune function, improve digestion, and provide long-lasting satiety.

Perfect for a variety of recipes – from salads and soups to hummus and hearty stews.

🌿 Certified under HACCP, ISO 22000, and Good Agricultural Practices (GAP).

📍 Origin: Mihaliççık / Eskişehir – Türkiye

📦 Packaging Option: 1 kg

📅 Shelf Life: 24 months

🌿 Ingredients: 100% natural chickpeas



VINELA WHITEBEANS

The Natural Taste of Anatolia – Now on Your Table with BFC Natura

Grown using natural farming methods in Mihaliççık, Eskişehir, BFC Natura White Beans contain no preservatives or additives.

Each batch is carefully selected and prepared by members of a local women's cooperative offering a product that is healthy, nutritious, and trustworthy.

Packed with plant-based protein and dietary fiber, these beans support the digestive system and help keep you feeling full for longer.

Perfect for traditional recipes such as stews, olive oil dishes, soups, and piyaz (Turkish bean salad).

🌿 Produced in accordance with HACCP, ISO 22000, and Good Agricultural Practices (GAP).

📍 Origin: Mihaliççık / Eskişehir – Türkiye

📦 Packaging Option: 1 kg

📅 Shelf Life: 24 months

🌿 Ingredients: 100% natural white beans

VINELA





STAY FULL, CURB YOUR HUNGER!



Natural & Additive-Free
Snacks for All-Day Energy!





Natural & Additive-Free Snacks and Chips

CHERI



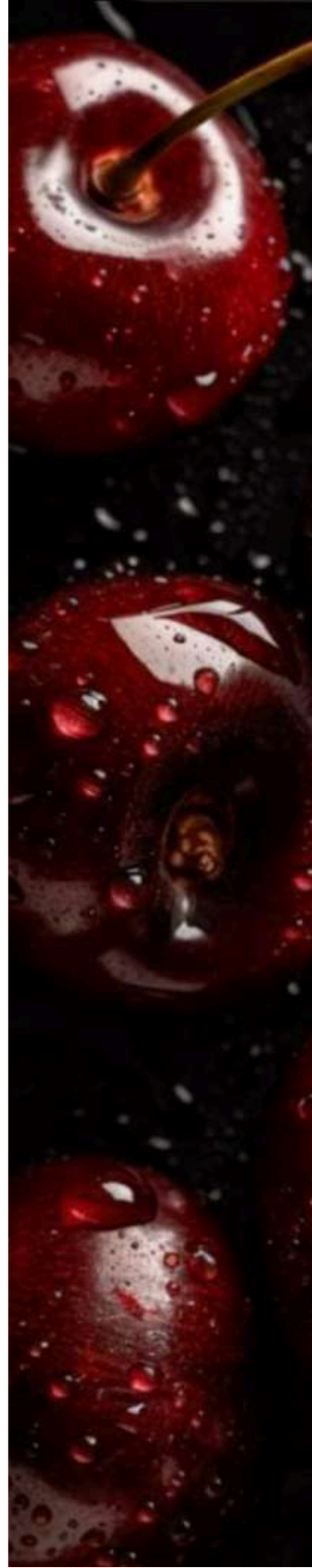
Pure Taste with Dried Cherry Bits

Taste nature in every bite!

CHERIE is crafted with naturally dried cherry pieces and contains no added sugar, preservatives, or artificial flavors.

- 100% natural ingredients
- Rich in antioxidants and fiber
- Guilt-free way to satisfy your sweet tooth
- Convenient for school, office, or on-the-go snacking

CHERIE is more than a snack – it's a delicious step toward a mindful life.





Natural & Additive-Free Snacks and Chips

POMÉLIA



A Light Sweet Delight with Real Apple Pieces

Take a crisp bite of nature!

POMELIA is a wholesome snack made with gently dried apple pieces, free from added sugars, flavors, or preservatives.

- 100% natural ingredients
- High in fiber and naturally sweet
- A clean way to satisfy sweet cravings
- Great for your bag, your break, or your post-workout moment

POMELIA – the smart snack for mindful living.





**BFC
Natura**

Natural & Additive-Free Snacks and Chips

FRAIVELLE



The Joy of Strawberries in Every Bite

Looking for something sweet yet pure? FRAIVELLE is your go-to strawberry delight – naturally dried fruit pieces with no added sugar or artificial stuff. Just real flavor, real nutrition.

- 100% natural ingredients
- No preservatives, sweeteners, or additives
- Bold strawberry taste and natural sweetness
- Light yet satisfying
- Great for school, travel, or a guilt-free snack break

FRAIVELLE – nature's sweet side, in your pocket.



Natural & Additive-Free Snacks and Chips

VELURÉE



VELUREE – Natural Persimmon Snack

Velvety Sweetness • Pure Energy • Flavor from Nature

Ready to indulge in the most elegant form of natural sweetness?

Persimmon – known for its soft texture and rich aroma – is a unique fruit that offers both taste and nutritional value. VELUREE brings this delicately dried fruit to you, preserving its purity with no additives, preservatives, or refined sugar.

Why Choose VELUREE Persimmon Snack?

- Made with 100% natural ingredients
- Naturally sweetened with fruit-derived fructose – for clean energy and satiety
- Rich in fiber, potassium, vitamin A, and antioxidants
- Supports immune function, digestion, and skin health

With its velvety texture and naturally sweet flavor, it's the perfect snack on its own, alongside tea, or paired with nuts and seeds.

VELUREE – Nature's gentlest fruit, in every bite.



Natural & Additive-Free Snacks and Chips

PRUNELLE



PRUNELLE – Dried Plum Natural Snack

Fiber-Rich • Naturally Sweet • Clean Energy

This special PRUNELLE snack features the deep flavor and health benefits of dried plums, offering a naturally sweet and satisfying bite packed with functional nutrition.

Dried plums are a rich source of dietary fiber, support healthy digestion, and help balance blood sugar. With their natural antioxidants and potassium content, they contribute to immune function and overall vitality.

- ✓ No refined sugar – naturally sweet from fruit only
- ✓ Free from preservatives, additives, and colorants
- ✓ High in fiber, potassium, and antioxidants
- ✓ Promotes satiety and provides sustained natural energy

Soft in texture, rich in flavor – perfect for those seeking both taste and nourishment.

Enjoy it on its own, or pair with nuts for a wholesome snack mix.

With PRUNELLE, every bite delivers nature's pure sweetness.





**BFC
Natura**

Natural & Additive-Free Snacks and Chips

RAISSELLE



RAISSELLE

Natural Dried Grape Snack

Naturally Sweet • Clean Energy • Fiber Support

RAISSELLE brings you the purest form of nature's sweetness.

Dried grapes are rich in natural sugars, fiber, and antioxidants – making them both delicious and nutritionally beneficial.

Prepared using traditional drying methods, without any additives or preservatives, this wholesome snack helps you stay energized throughout the day.

Why Choose RAISSELLE?

- Made with 100% natural ingredients – no added sugar, no preservatives
- A natural source of fructose and glucose for clean energy
- High in fiber – supports digestion and gut health
- Contains antioxidants that help strengthen the immune system
- Lightweight, portable, and suitable for all ages

Enjoy it on its own, combine with nuts, or mix into your breakfast bowls – RAISSELLE is your go-to snack for any moment of the day.

RAISSELLE – A naturally sweet pause from nature.



Natural & Additive-Free Snacks and Chips

VINELA



VINELA

Natural Walnut Snack

Rich in OMEGA-3 • Brain & Heart Friendly •
Pure and Additive-Free
Pure nutrition from nature, ready whenever you are.

VINELA Natural Walnut Snack contains 100% raw walnut kernels — no additives, no preservatives, and no added salt.

Packed with Omega-3 fatty acids, vitamin E, and plant-based protein, it supports both mental and physical well-being.

- 🧠 Boosts brain function and memory
- ❤️ Supports heart health and helps balance cholesterol levels
- 💪 Plant protein contributes to muscle maintenance

🍴 Enjoy as a smart snack or add to salads, yogurts, and breakfasts

Always raw, never roasted — just the natural power of the walnut.

VINELA – Pure Strength from Nature in Every Bite.





**BFC
Natura**

Natural & Additive-Free Snacks and Chips

GREENELE

β NATURAL, ADDITIVE-FREE, AND HEALTHY
-Carotene Chips



Natural Color, Real Power – A Crunchy Snack Full of Vitamins

Bright orange from nature, powered by β-carotene.

GREENELE B Carotene Chips are crafted from vegetables rich in beta-carotene, such as carrots, and oven-baked to a perfect crisp.

This 100% natural snack delivers both taste and functional nutrition in every bite.

Beta-Carotene (Provitamin A):

Transforms into vitamin A in the body to support vision, immune function, and skin health.

Also acts as a powerful antioxidant, helping protect cells from oxidative stress.

- ✓ Naturally high in β-carotene – a clean source of provitamin A
- ✓ Rich in antioxidants – helps protect against free radicals
- ✓ No additives, preservatives, or artificial coloring
- ✓ Oven-baked and gluten-free – never fried
- ✓ Light, crunchy, and suitable for all ages

With its natural color and pure flavor, it's perfect for mindful snacking, lunchboxes, or as a nutrient-rich alternative during the day.

GREENELE – Discover the power of nature in every crisp.



Natural & Additive-Free Snacks and Chips

GREENELE

NATURAL, ADDITIVE-FREE, AND HEALTHY
Antioxidant Eggplant Chips



Natural Defense Meets a Light, Crispy Bite

GREENELE's carefully oven-baked eggplant chips are not just a crunchy, satisfying snack they also provide a powerful dose of nature's own antioxidant protection. The secret lies in the deep purple skin of the eggplant, which contains a unique plant compound called nasunin.

Nasunin – The Purple Power of Eggplant

Nasunin is a scientifically recognized anthocyanin that:

- Neutralizes free radicals, protecting cell membranes from damage
- Helps reduce oxidative stress, especially in brain cells
- Supports the immune system and offers anti-aging benefits
- Acts as a natural iron chelator, helping balance mineral levels in the body
- Made with 100% natural and gluten-free ingredients
- No additives, frying oils, or artificial coloring
- Oven-baked for a light and healthy texture
- Rich in fiber – supports digestion and satiety
- A safe and functional snack for both children and adults

A snack that satisfies your taste buds while supporting your body's daily antioxidant needs.

GREENELE – Taste the purple power in every crisp.





**BFC
Natura**

Herbal Tea

GREENELE

Linden Herbal Tea



Naturally Soothing • Comforting Aroma • Wellness in Every Cup

Sourced from carefully dried linden blossoms and leaves, GREENELE Linden Herbal Tea offers a calming and fragrant infusion known for its centuries-old use in natural wellness practices. Naturally caffeine-free, this herbal tea is ideal for both day and night.

Benefits of Linden Tea:

- Relieves stress and supports relaxation
- May help reduce mild anxiety and promote better sleep
- Traditionally used to ease cold symptoms like sore throat and nasal congestion
- Supports digestion and general immune function Naturally caffeine-free, additive-free, and gently aromatic

Whether enjoyed hot before bedtime or sipped slowly during the day, it brings comfort, warmth, and a sense of natural balance.

GREENELE – A calming cup from the heart of nature.





**BFC
Natura**

VINELA

FROM THE HEART OF NATURE

*Natural, Additive-Free
Noodles*



siparis@bfcnatura.com.tr
www.bfcnatura.com.tr

Natural Additive-Free Noodles



BFC
Natura

VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Noodles



The most delicious form of purity and simplicity.

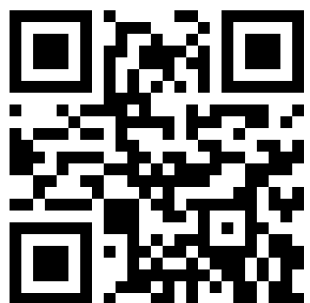
Made only with flour, eggs, and water, this noodle is kneaded by hand using traditional methods, delicately cut by women's hands, and slowly dried. It contains no additives, preservatives, or colorants.

Inspired by the ancient culinary traditions of Anatolia, VINELA is the perfect choice for those who seek both simplicity and nutrition. Enjoy it with olive oil, meat dishes, or just a touch of butter and yogurt...

VINELA brings warmth and wellness to every table with its pure simplicity.

- ✓ 100% Natural Ingredients: Flour, eggs, water
- ✓ Free from additives and preservatives
- ✓ Handmade in a women's cooperative
- ✓ Traditionally crafted
- ✓ Slowly dried to preserve nutrients

VINELA – Hidden taste in simplicity, a natural choice for every meal. Try it now and feel the difference!



Natural Additive-Free Noodles



VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Milk Noodles



A tradition softened by milk, a flavor kneaded with love.

A special noodle recipe enriched with real milk, carried from the kitchens of the past to today. Only natural ingredients are used: fresh milk, high-quality flour, and eggs used at peak freshness.

Each bite carries the comforting aroma of home cooking – a warmth like a mother's touch. While VINELA fits perfectly into modern meals with its convenience, it stays true to its roots with timeless flavor.

This noodle is crafted with care and respect for nature in a small Anatolian town. Every plate is not just nourishment, but a story of care, elegance, and tradition.

- ✓ Enriched with real milk for a tender texture
- ✓ Completely additive- and preservative-free
- ✓ Cooks easily, digests gently
- ✓ Inspired by tradition, crafted uniquely
- ✓ Perfect for children and lovers of classic flavors

With VINELA, add kindness to your table – a soft and heartwarming start.



Natural Additive-Free Noodles



**BFC
Natura**

VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Semolina Noodles



VINELA brings the natural richness of semolina to traditional noodles.

In this special recipe, the golden hue and dense texture of semolina are hand-kneaded into a classic noodle shape. Made with flour, semolina, eggs, and water, VINELA is both filling and flavorful.

Slowly dried to preserve nutrients and completely free from additives, this traditional delight—crafted in a women's cooperative—is a perfect choice for those who seek nutritious meals.

Let your table shine with the golden glow of VINELA!

- ✓ Unique semolina-enriched dough
- ✓ Nutritious, hearty texture
- ✓ Handmade and additive-free
- ✓ Traditional production with women's craftsmanship
- ✓ No preservatives or artificial colors

VINELA: Hearty with semolina, rich in flavor! Fuel your table—order now!



Natural Additive-Free Noodles



VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY

Spinach Noodles



A taste that gives even spinach skeptics a second chance.

VINELA is not just a noodle—it's an invitation to enjoy green in its most delicious form. Made with real spinach purée, this special recipe surprises even those who claim not to like vegetables—smooth, balanced, and satisfyingly hearty.

The natural aroma of spinach blends seamlessly into the dough. The color and nutrients come from spinach—but the flavor tells a whole new story. No wrinkled noses, no picky eaters... With VINELA, everyone wants the last bite.

Its unique texture offers a tasty alternative to traditional pasta. Practical, healthy, and incredibly enjoyable.

- ✓ Real spinach purée in the dough
- ✓ No additives or artificial coloring
- ✓ Vibrant presentation, high nutritional value
- ✓ Makes eating vegetables fun
- ✓ Perfect for all ages

VINELA – The noodle even spinach haters come back for seconds.



Natural Additive-Free Noodles

VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Beetroot Noodles



**BFC
Natura**



Seductive in color, unforgettable in taste.

VINELA is a beet-infused noodle that brings one of nature's most striking colors to your plate. The subtle, earthy sweetness of beetroot whispers through each bite—delicate, refined, and layered with flavor. VINELA adds both color and character to any table. It's the favorite of moms trying to make veggies fun, chefs seeking bold twists, and anyone who values natural nutrition.

Crafted with real beet purée and free from additives, this special noodle is a vibrant alternative for those ready to explore beyond the ordinary.

- ✓ Naturally pink from real beet purée
- ✓ No artificial additives or flavors
- ✓ Slightly sweet, balanced and satisfying
- ✓ Fun for kids, elegant for adults
- ✓ A gourmet touch for colorful plates

VINELA – Mesmerizing in color, irresistible in flavor. The choice for those who crave distinction.



Natural Additive-Free Noodles



VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Carrot Noodles



A sweet touch, a soft transformation.

VINELA offers a unique noodle experience, kneaded with real carrot purée and leaving a subtly sweet impression on the palate. In this product, carrot is more than a vegetable—it's a natural aroma, a graceful hue, and a stand-alone flavor hero.

VINELA is a fun choice for kids and a refreshing option for adults seeking something new yet familiar. Its color is pleasing to the eye, and its soft texture wraps around your taste buds.

Prepared using traditional techniques, this noodle contains no artificial colors or additives. Sweet carrot purée is the signature ingredient that gives VINELA its character.

- ✓ Naturally colored with real carrot purée
- ✓ Slightly sweet, original and well-balanced taste
- ✓ Additive-free, preservative-free and naturally made
- ✓ Perfect for colorful presentations and wholesome meals
- ✓ Ideal for creative kitchens that blend vegetables and taste

VINELA – A sweet touch from carrots that brings a flavorful twist to your table.



Natural Additive-Free Noodles



VINELA

NATURAL, ADDITIVE-FREE, AND HEALTHY
Mixed Vegetable Noodles



Harmony of colors, flavors, and nature.

VINELA is a layered and balanced flavor journey created by the harmony of various vegetables. Spinach, beetroot, carrot, and more... each vegetable contributes not just color but also aromatic richness to the noodles.

This noodle brings nature's diversity to your plate. Visually appealing and satisfyingly flavorful, it's ready to find a special place in kitchens where healthy and colorful meals matter.

Produced using traditional methods with no additives and 100% natural ingredients, VINELA offers more than just pasta: joy at your table, health on your plate, and a taste that leaves a lasting impression.

- ✓ Naturally colored with real vegetable purées
- ✓ Harmonious taste of beetroot, spinach, carrot, and more
- ✓ No additives or artificial colorants
- ✓ Visually rich and appealing for children
- ✓ Perfect for colorful recipes and gourmet presentations

VINELA – A medley of nature's colors in every bite.

A celebration of flavor and health in every forkful.



Natural Additive-Free Noodles



Gourmet Ribbon Noodles



Four masterfully crafted flavors at your table.

The Gourmet Delights Pack brings together the finest noodles from traditional cuisine for those with a refined palate. Each variety in this exclusive collection tells a different story and delivers a unique aroma.

- Plain Noodles: A pure and elegant flavor that complements any dish.
- Milk Noodles: Enriched with milk for a soft, nourishing, and subtly sweet taste.
- Semolina Noodles: Hearty and satisfying thanks to the rich texture of semolina.
- Mixed Vegetable Noodles: A vibrant, aromatic option with spinach, carrot, and beetroot.

This special set is the perfect starting point for both traditional dishes and modern culinary creativity.

- ✓ 4 different noodle types to suit every taste and dish
- ✓ Natural, additive-free, and traditionally made
- ✓ Includes both plain and vegetable options
- ✓ A unique collection for gourmet meals, creative recipes, and healthy dining

GOURMET DELIGHTS – Four noodle styles, one expertly curated package. A new taste in every bite, a new discovery at every meal.



Natural Additive-Free Noodles

Rich in Vegetables



Nature's colors, now on your plate as health and flavor.

The Vegetable Richness Pack is a special collection that blends the natural goodness of vegetables with traditional handmade noodles. With each variety offering a distinct flavor and vibrant hue, preparing eye-catching and delicious meals has never been easier.

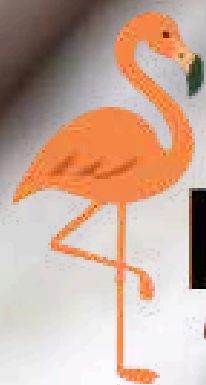
- Beetroot Noodles: Colored with real beetroot purée, offering a subtly earthy and elegant flavor.
- Carrot Noodles: Soft and sweet with the unique, vibrant aroma of fresh carrots.
- Spinach Noodles: A green classic made with spinach purée that even vegetable skeptics will love.
- Plain Noodles: Pure, natural, and additive-free. A versatile base that pairs well with all flavors.

✿ Why Vegetable Richness?

- ✓ Naturally colored with real vegetable purées
- ✓ No additives, preservatives, or artificial flavors
- ✓ Perfect for colorful presentations and nourishing meals
- ✓ Healthy, fun dishes for both kids and adults

VEGETABLE RICHNESS – Four flavors, four natural colors, one plate of health and delicious harmony.





Via BFC Natura

FortVie

Unu kulero, forta vivo



Natural Immune Supports



Breathe with FortVie: The Pine Cone Miracle That Brings Nature's Power to Your Immunity

In today's world, stress, pollution, poor nutrition, and seasonal illnesses can weaken our immune systems. As a response, herbal remedies—nature's timeless source of healing—are making a meaningful return to our lives. Developed by BFC Natura, FortVie Natural Pine Cone Extract combines ancient wisdom with modern scientific research to ease your respiratory system and strengthen your body's natural defenses.

Harness the Power of Nature with FortVie Protect Your Health!

Inspired by tradition, backed by science, and prepared with nature's purest extract, FortVie is more than just a supplement. It is your immune system's natural ally and a gentle companion for your breath.

Discover it now and breathe in the goodness of nature.



www.bfcnatura.com.tr

Natural Immune Supports



Discover the Power of Pine Cone Extract

Pine cones, the remarkable structures that carry the seeds of pine trees, are more than just seed holders—they are naturally rich in phenolic compounds, flavonoids, and essential oils. These natural components are powerful antioxidants that help protect the body against free radicals and support a strong immune system.

FortVie is more than just pure pine cone extract. It's enriched with additional herbal ingredients known to support the respiratory system and strengthen immunity. In its paste form, it's easy to consume and delivers its concentrated, potent formula rapidly into the body.

FortVie

- 100% natural pine cone extract
- Free from preservatives, additives, or artificial flavors
- Produced in glass bottles under HACCP and hygiene standards
- Socially responsible production by women's cooperatives
- Helps ease the respiratory system and relieve cough
- Provides immune support during seasonal changes and illness



Natural Immune Supports



Antioxidant Effect

Numerous studies have shown that pine cones are especially rich in phenolic compounds, which help reduce oxidative stress and protect cellular health.

Antioxidant Effect

Pine cone extracts act as natural expectorants and soothing agents. They help clear the bronchial passages, calm coughs, and make breathing easier.

Antibacterial & Antiviral Properties

Laboratory studies have revealed that pine cones provide a natural defense against certain microorganisms. Pine cone extracts exhibit anti-inflammatory properties that may offer relief in inflammatory conditions such as chronic bronchitis and allergic asthma

Who Can Use It?

Those who frequently get sick during seasonal changes

Individuals experiencing cough, shortness of breath, or throat irritation

Anyone looking to strengthen their immune system

People seeking natural alternatives to synthetic supplements





Via BFC Natura

FortVie

Una kulera, forta vivo

FortVie Natural Propolis



FortVie Natural Propolis

100% Natural – Alcohol-Free – Olive Oil-Based – Water-Soluble Use

FortVie Natural Propolis is a pure and natural bee product derived from plant resins, carefully prepared without alcohol or additives.

It is formulated with olive oil as the carrier, making it suitable for both children and adults.

Its smooth taste and alcohol-free nature allow it to be used by adding drops into water or taken directly.

Benefits:

- Supports and strengthens the immune system
- Helps maintain oral and throat health
- Naturally rich in antioxidants and antimicrobial compounds
- Ideal for seasonal immune support

Suggested Use:

- Adults: 5–10 drops, 2–3 times daily in a glass of water, or mixed with honey, yogurt, or other foods
- Children (4+ years): 3–5 drops daily mixed with water or juice
- Topical use: Apply directly to clean skin when needed

Ingredients:

Propolis extract (20%), olive oil

- Alcohol-free
- No preservatives, no additives, no artificial flavors
- Cold-extracted
- Food-grade and Halal compliant



FortVie Bee Pollen



FORTVIE Bee Pollen

100% Natural Superfood – No Additives – Rich in Vitamins & Minerals
Pure energy from nature.

FORTVIE Bee Pollen is a nutrient-dense natural superfood collected by honeybees from the stamens of flowering plants. It contains an exceptional combination of plant-based proteins, B-complex vitamins, antioxidants, enzymes, and essential minerals. Dried and carefully sieved, our bee pollen is completely free from additives, preservatives, and artificial substances.

Benefits:

- Supports a strong and healthy immune system
- Enhances energy, stamina, and vitality
- Promotes physical performance and recovery
- Provides natural enzymes for digestive support
- May contribute to allergy tolerance when consumed regularly

Vitamin & Mineral Profile: (Naturally occurring)

- Vitamins: B1, B2, B3, B5, B6, B7, B9 (folic acid), C, E
- Provitamin A (Beta-carotene)
- Minerals: Iron, zinc, selenium, calcium, magnesium, potassium, phosphorus, copper, manganese
- Fatty Acids: Omega-3 and Omega-6 in natural balance
- Bioactives: Flavonoids and polyphenols – powerful antioxidants

Suggested Use:

- Adults: 1-2 teaspoons daily
- Children (ages 3+): 1 teaspoon daily
- Can be consumed directly, or mixed into yogurt, smoothies, cereals, or juice
- Best taken in the morning for optimal absorption



FortVIE A Series Premium Honey



FORTVIE A SERISI PREMIUM HONEY

Nature's Purest Remedy – Harvested from Elite Hives, Bottled with Precision

A Series is BFC Natura's rarest and most biologically potent honey, sourced exclusively from specially selected hives located in untouched forest regions with rich floral biodiversity. This honey is produced in extremely limited quantities – with a maximum of 350 bottles per season – making it not only a delicacy, but a true gift from nature.

Each batch is independently analyzed, and only the highest-quality, phenolic-rich honeys are designated as part of the A Series. Known for its high antioxidant activity and therapeutic properties, this honey is more than food – it is a functional, natural remedy with benefits for immunity, vitality, and graceful aging.

Why Choose A Series Premium Honey?

- Sourced from pristine forest hives with rich biodiversity
- Each harvest is tested and selected based on strict quality criteria
- Exceptionally high in phenolic compounds and antioxidants
- Offers natural antibacterial and anti-inflammatory properties
- Free from additives, preservatives, and artificial sweeteners

Benefits:

- Supports and strengthens the immune system
- Provides powerful antioxidant protection against free radicals
- Helps delay signs of aging with regular use
- Boosts natural energy and vitality
- May contribute to longevity and overall well-being

International Prestige:

A Series Premium Honey has earned a reputation as a "champion honey" among wellness professionals and natural health advocates worldwide – thanks to its exceptional purity, rarity, and functional value.

Produced in accordance with food safety standards and carefully bottled under hygienic conditions, it is ideal for health-conscious individuals seeking genuine nutritional support.



FLORALIS Premium Organic Honey

Healing from the Heart of the Forest – 100% Organic, Naturally Powerful
This premium honey is harvested from beehives placed deep within the Çatacik Forest, a protected natural environment completely isolated from human activity. Free from pesticides, pollutants, or artificial intervention, it is produced in harmony with the natural ecosystem.

Certified organic according to international food standards, FLORALIS is part of BFC Natura's certified organic honey line.

Sourced from the same rich ecosystem as our legendary A Series, this honey shares the biodiversity and purity of its rare counterpart, while offering greater availability as a more accessible premium alternative.

Key Features & Benefits:

- 100% Organic – Free from pesticides, chemicals, and human contact
- Rich in antioxidants – Supports cellular protection and anti-aging effects
- Strengthens the immune system – Naturally antibacterial and anti-inflammatory
- Provides daily energy and vitality – Ideal for natural, healthy living
- Cold-filled – Never heat-treated, preserving nutritional value and natural enzymes

Premium Quality Collection:

As part of the BFC Natura Premium Honey Collection, the FLORALIS Series offers exceptional quality with greater accessibility.

Though not as rare as the A Series, it delivers the same healing essence of the forest with the purity and integrity BFC Natura stands for.



GREENELE Natural Flower Honey

A Natural and Balanced Start to the Day

GREENELE Natural Flower Honey is a light and well-balanced honey derived from a rich variety of wildflowers. Free from additives, preservatives, and artificial sweeteners, it offers a smooth taste and a delicate floral profile that appeals to consumers of all ages.

Why Choose GREENELE Flower Honey?

- A perfect choice for those who want to start their day naturally
- Ideal for daily consumption
- Pairs well with breakfast, yogurt, or warm beverages
- Offers a light, balanced, and smooth flavor

💡 Suggested Use:

Take 1 teaspoon daily, either directly or mixed into bread, yogurt, milk, or herbal tea.

It can also be used in dessert recipes or as a natural sweetener.

Note: Not recommended for infants under 12 months of age.



VINELA TaRHana

*First spoon,
first love
From nature
to the mother,
from the
mother to her
baby...*



**BFC
Natura**

siparis@bfcnatura.com.tr
www.bfcnatura.com.tr

Natural Nutritional Supplements Specially for Babies



TaRHana



“Your Baby’s First Soup, in Nature’s Purest Form!”

The transition to solid foods for babies is a journey where every bite is carefully chosen, always seeking the most natural.

BFC Natura White Tarhana is ready to be your baby’s first soup – reassuring for you, and a safe, spoonful start for your little one!

Made entirely with natural and additive-free ingredients:

- ! Contains no preservatives, colorants, or artificial flavorings.
- ! Traditionally prepared by women producers in the clean nature of Mihaliççık.

Safe to use from 6 months of age.

For your baby’s sensitive body:

- ! High in protein and fiber, aids digestion
- ! Natural prebiotic effect supports gut health
- ! Soft texture and mild flavor suited to babies’ taste

Can be easily prepared with water or milk.

Every spoonful carries a mother’s care, every bite offers natural support.

BFC Natura White Tarhana – a true first step in your baby’s growth journey.



Natural Nutritional Supplements Specially for Babies



TaRHana



Your Baby's First Soup, with Health from Nature!

During the transition to solid foods, you want to make the best choice for your baby.

If you're looking for a worry-free option, BFC Natura White Tarhana with Lentils offers both naturalness and nutrition.

This special blend is made entirely with natural ingredients — no additives, preservatives, or artificial flavorings.

Produced with traditional methods by women producers in the pristine nature of Mihalıççık, this tarhana is a natural supporter in your baby's growth journey. With the added nutritional value of lentils:

- 🌱 A plant-based source of protein that supports development
- 🌱 High in fiber, promotes easier digestion
- 🍷 Mild in taste, suitable for delicate baby palates
- 💧 Easily prepared with milk or water

Safe for babies from 6 months onward as a complementary food.

In every spoonful, a natural sense of trust — in every bite, peace of mind for mothers...

BFC Natura White Tarhana with Lentils — Natural, pure, and mom-approved!



Dried Vegetables



GREENELE



GREENELE – Sun-Dried Tomatoes

Sun-Kissed Flavor • Rich Aroma • Natural Source of Lycopene
GREENELE Sun-Dried Tomatoes are made from fully ripened, seasonal tomatoes, carefully dried under low heat or in the sun – without any additives or preservatives.

Their intense flavor and preserved nutritional value make them a delicious and healthy addition to your meals.

Benefits:

- 100% natural, with no preservatives or additives
- A natural source of lycopene, a powerful antioxidant
- Contains vitamin C, potassium, fiber, and iron
- Easily rehydrated in water for versatile use
- Enhances flavor in pastas, breakfasts, salads, and olive oil dishes

When softened and combined with basil, olive oil, and garlic, it transforms any dish into a gourmet experience.

GREENELE – The Power of Real Tomato, Naturally Preserved.

www.bfcnatura.com.tr



Dried Vegetables



GREENELE



GREENELE – Dried Green Beans

Naturally Preserved • High in Fiber & Nutrients • Year-Round Fresh Taste

GREENELE Dried Green Beans are made from fresh, seasonal beans that are carefully dried using traditional, chemical-free methods.

No salt, no preservatives just the pure flavor of green vegetables, preserved for every season.

Why Choose GREENELE Dried Green Beans?

- 100% natural, additive-free, and preservative-free
- High in fiber – supports digestion
- Rich in vitamins A, C, K, folic acid, and iron
- Long shelf life with fresh flavor
- Ideal for boiling, sautéing, or adding to olive oil-based dishes

A practical and nutritious choice that brings traditional taste into modern kitchens.

GREENELE – Seasonal Freshness, Preserved Naturally.

www.bfcnatura.com.tr



Dried Vegetables



GREENELE



GREENELE – Dried Green Peppers

Bold Flavor • Naturally Dried • Vitamin-Packed

GREENELE Dried Green Peppers are made from hand-picked, seasonal green peppers and dried slowly using traditional methods without additives.

Their intense aroma and preserved texture make them a standout ingredient in countless savory recipes.

Benefits:

- 100% natural, with no additives or preservatives
- Rich in vitamins A and C – supports immunity
- Naturally high in dietary fiber
- Dried at low temperatures to retain nutrients
- Ideal for rice dishes, soups, stews, and vegetable blends
- Can be used dry or rehydrated; great for spice blends when ground

Just a small amount adds deep, natural flavor to your favorite dishes.

GREENELE – Pure Vegetable Intensity in Every Slice.

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Vinegar



GREENÉLE

GREENELE Apple Cider Vinegar



Choose What's Natural. Feel the Difference.

The purest form of healthy living now comes to your table with BFC Natura Apple Cider Vinegar.

Produced from locally grown, fresh, and natural apples, this special vinegar is traditionally fermented without any additives or preservatives.

Key Features:

- 100% Natural & Additive-Free
- Double Fermentation for Maximum Benefits
- Supports the Immune System
- Perfect for salads, pickles, beverages, and natural wellness routines

BFC Natura Apple Cider Vinegar is not just a vinegar – it's a pure remedy offered by nature.

Choose the most natural option for yourself and your loved ones.

Taste, health, and trust – all in one bottle.

BFC Natura – Strength from Nature.



Pickles



BFC Natura Cucumber Pickles – 500 g

A Classic Favorite: Crunchy, Natural, and Additive-Free

This traditional delicacy, worthy of every table, is made from the freshest cucumbers. No harsh vinegar smell, no overpowering salt — just a soft fermentation technique crafted naturally by the women of Mihaliççık.

A Natural Health Booster:

Rich in natural probiotics

Supports digestion

Cleanses the skin and intestines

Gentle on the stomach with balanced salt levels

İçindekiler:

Cucumber

Natural salt

Garlic

Natural spring water

Vinegar

BFC Natura Jalapeno Pickles – 500 g

Jalapeno Pickles | Naturally Fermented for Spice Lovers

Sharp, strong, fermented! A Mexican breeze for those who love heat.

Jalapeno peppers are not only spicy but also beneficial for health thanks to their capsaicin content.

This special variety, grown in the soil of Mihaliççık, is traditionally fermented, enhancing both its flavor and benefits.

Health Benefits:

Provides anti-inflammatory effects with capsaicin

Boosts the immune system

Supports digestion

Speeds up metabolism thanks to its spicy effect

Ingredients:

Jalapeno pepper,

Natural salt,

Natural spring water,

Vinegar

BFC Natura Red Beet Pickles – 500 g

Red beet is a superfood rich in antioxidants. The beets are carefully selected, boiled, and traditionally pickled. This product contains no additives, artificial vinegar, or preservatives. Its color, taste, and healing properties are completely natural.

Health Benefits:

Supports heart health

Aids blood formation

Helps balance blood pressure

Contributes to liver cleansing

Ingredients:

Red beet,

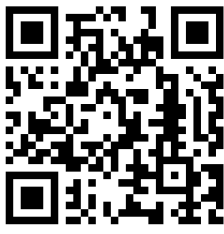
Natural salt,

Garlic,

Natural spring water,

Vinegar





Pickles

Green Bean Pickles | Organic and Additive-Free | BFC Natura

Fresh green beans are pickled immediately after being harvested to preserve their freshness. No additives, no refined sugar. A pure product flavored only with women's labor, natural vinegar, and salt.

Health Benefits:

Rich in fiber, supports bowel movement
Immune-friendly with Vitamins A and C
Keeps you full, helps with weight control

Ingredients:

Green beans,
Natural salt,
Vinegar,
Natural spring water,
Garlic



BFC Natura Mixed Pickles – 200 gr

The pure essence where naturalness meets traditional flavor.

Cucumbers, cabbage, carrots, and peppers grown in the fertile lands of Anatolia come together. Each is harvested in its season and pickled using traditional methods without additives. This mixed pickle adds health not only to your table but also to your body.

Health Benefits:

Natural source of probiotics
Supports digestion
Good for the intestines
Strengthens the immune system

Ingredients:

Cabbage, carrot,
cucumber,
pepper, garlic,
vinegar, natural salt, natural spring water





**BFC
Natura**

Production and Regulatory Compliance Statement

Our products are manufactured in full compliance with the Turkish Food Codex.

We are proud to offer consumers safe, high-quality, and additive-free products in full alignment with national food safety, hygiene, and legal regulations. All production processes are carried out with strict adherence to both legal and ethical standards.

All products under the BFC Natura brand are produced, packaged, and stored in partnership between BFC Import Export and Consulting Ltd. Co. and SS. Mihaliççık Women's Production and Operation Cooperative.

This collaboration reflects our commitment to supporting women's labor and promoting a local and sustainable production model.

Company Information:

**BFC İthalat İhracat ve Danışmanlık Ltd. Şti.
(Food Registration No: TR-26-K-015082)**

**SS. Mihaliççık Women's Production and
Operation Cooperative
(Food Registration No TR-26-K-013093)**

Country of Origin: Türkiye

Address: Selami Vardar Caddesi, Camikebir Mahallesi, Mihaliççık Eskişehir

Web: www.bfcnatura.com.tr

Contact: siparis@bfcnatura.com.tr

